

# Local Corner



Phil Nisley of Hutchinson has been raising turkeys and chicken for over twenty years. These birds are antibiotic free, farm fresh, free range and have no added hormones. In the next months, he expects to offer fresh, never frozen, chickens on a weekly basis.

Last September his poultry processing plant in Pleasantville was licensed and he began processing his own poultry, including the turkeys which were sold at Prairie Harvest for Thanksgiving. Phil says the most exciting thing is that now he can process birds when they are ready and does not have to coordinate the timing to process with a third party.

## New Products

**Chai Masala Loose Leaf Tea** joins our selection of forty loose leaf teas. This is a black tea with ginger, coriander, cardamom, cinnamon, cloves and black pepper, \$2.00/ounce.

**Fiddler's Elbow "I know, I know, I am totally fabulous"** joins our selection of handprinted towels made in USA, \$8.99. Great Valentine's gift!

**Barlean's Organic Olive Leaf Complex** for immune support is now available in in full spectrum liquid, 8 oz., \$10.99, or convenient throat spray, 1.5 oz., \$12.99.



**The Prairie Rose Aromatherapy Soap** in two new scents, Sage with French Green Clay and Eucalyptus with Dead Sea Salt, \$5.19/bar. These join our other Prairie Rose options, Willow and Sunflower.

## Upcoming Events...

**Feb. 4, 11, 18 and 25 at 5:00 p.m.** "Reverse Diseases Naturally" workshop with Dr. Patrick Garrett in the Prairie Room. More info at 316-283-5708.

**Feb. 11, Local Food Valentine Dinner** with live music, by reservation only, beginning at 6:00 p.m. See details in box at right.

**Feb. 12, 7:00 p.m., To benefit** the Harvey County Domestic Violence Task Force, the Vagina Monologues by Eve Ensler will be offered at Pages Books & Coffee and the Tea Leaf Lounge, 605 N. Main. Tickets are \$10.

**Feb. 14, Valentine's Day** We have something for all the Sweethearts in your life: Peppernuts in cloth Valentine-print Bags, made-to-order confection boxes, Zum candles, and Chocolove bars which include a poem!

**Feb. 16, to celebrate Mardi Gras** we'll be serving up Jambalaya on the deli!

**Feb. 22, Store owners,** Carrie and Becky, will speak at the Bethel College Life Enrichment.

**Feb. 29, Leap Day - Shop tax free all day!** We'll cover the sales tax.

**March 8, International Women's Day!** Buy one get one 50% off on lotions, hand-crafted soaps and other selected items. Details in store.

**March 15-17, Corned Beef** and Cabbage on the deli to celebrate St. Patrick's Day.

**April 21, Cookie Wiebe Memorial Bike Ride.** Details at Peace Connections, 316-284-0000.

**April 26: Art & Music** on Main Street.

**May 12: Mother's Day** brunch. Details to follow

# ***Deli Schedule***

## ***Bread Schedule:***

**Tuesday:** Oatmeal and  
Seven Grain Breads

**Wednesday:** Cracked Wheat  
and Honey Whole Wheat Breads

**Thursday:** Cinn-Orange Swirl  
and Seven Grain Breads

**Friday:** Rye Bread *NEW!*  
and Zwieback



## **Thursday Night Dinners**

We're open until 8:00 pm on Thursdays!

**Feb. 2:** Carne Adovado (pork with rice),  
Cajun Beans & Brown Rice

**Feb. 9:** Chicken Enchiladas with red sauce,  
Cajun Beans & Brown Rice

**Feb. 16:** Jambalaya to celebrate Marti Gras,  
Cajun Beans & Brown Rice

**Feb. 23:** Bierocks made with local beef,  
Cajun Beans & Brown Rice

### **DAILY**

Bison summer sausage  
with local cheese  
Veggie wrap - V  
Hummus,  
hummus wrap - V  
Spinach side salad  
Green salad w/egg  
Fruit salad

### **Monday**

Chicken noodle soup  
Vegetable chowder -V,WF  
Cajun beans & rice-V,WF  
Asian noodle salad-WF  
Turkey wrap/sandwich

### **Tuesday**

Barley beef vegetable  
soup - WF  
White chili with  
turkey -WF  
Vegetable lasagne - V  
Chicken wrap/sandwich  
Egg salad wrap/sandwich

### **Wednesday**

Green chili stew - WF  
Black bean chipotle  
soup - V, WF  
Chicken pot pie  
Roast beef wrap/  
sandwich

### **Thursday**

Chicken tortilla soup  
Butternut-apple soup  
Cajun beans & rice  
-V, WF  
Chicken Caesar wrap/  
salad  
Tuna salad wrap/  
sandwich/salad

### **Friday**

Minestrone - V, WF  
Borscht  
Macaroni and cheese-V  
Chicken salad wrap/  
sandwich/salad  
Roast beef wrap/sandwich

### **Saturday**

Borscht  
Prairie chili  
Macaroni and cheese-V  
Chicken salad wrap/  
sandwich/salad  
Turkey wrap/sandwich

### **KEY:**

V - Vegetarian item  
WF - Wheat free menu  
item; however, our  
kitchen also prepares  
items from wheat  
products.

## *Valentine's Dinner*

*Sat., Feb. 11, 6:00 pm  
Live Cello Music*

### **Local Fare Menu**

Local Pesto Bruschetta Appetizer  
Tomato Bisque  
Local Greens Salad  
Herbed Focaccia  
Entree: Stuffed Turkey Breast or  
Toasted Adzuki Strips on Veggie Stir Fry  
Sweet Potato Mashers

### **Handcrafted Desserts**

Honey-Crunch Pecan Pie or Apple Tart  
Tea & Coffee

*Served our elegant Prairie Room  
By reservation only  
More info at 316.283.6623*