

Deli & Bread Schedule

DAILY

Bison summer sausage
with local cheese
Veggie wrap - V
Hummus,
hummus wrap - V
Spinach side salad
Green salad w/egg
Fruit salad

Monday

Chicken noodle soup
Vegetable chowder -V,WF
Cajun beans & rice -
V,WF
Asian noodle salad-WF
Turkey wrap/sandwich

Tuesday

Barley beef vegetable
soup - WF
White chili with
turkey -WF
Vegetable lasagne – V
Chicken wrap/sandwich
Egg salad wrap/sandwich

Oatmeal and 7 Grain Breads

Wednesday

Green chili stew - WF
Black bean chipotle
soup - V, WF
Chicken pot pie
Roast beef wrap/
sandwich

Cracked Wheat and Honey Whole Wheat Breads

Thursday

Chicken tortilla soup
Butternut-apple soup
Cajun beans & rice
–V, WF
Chicken Caesar wrap/
salad
Tuna salad wrap/
sandwich/salad

Cinn-Orange Swirl and 7 Grain Breads

Friday

Minestrone – V, WF
Borscht
Macaroni and cheese-V
Chicken salad wrap/
sandwich/salad
Roast beef wrap/sandwich

Saturday

Borscht
Prairie chili
Macaroni and cheese-V
Chicken salad wrap/
sandwich/salad
Turkey wrap/sandwich

KEY:

V – Vegetarian item

WF – Wheat free menu
item; however, our
kitchen also prepares
items from wheat
products.